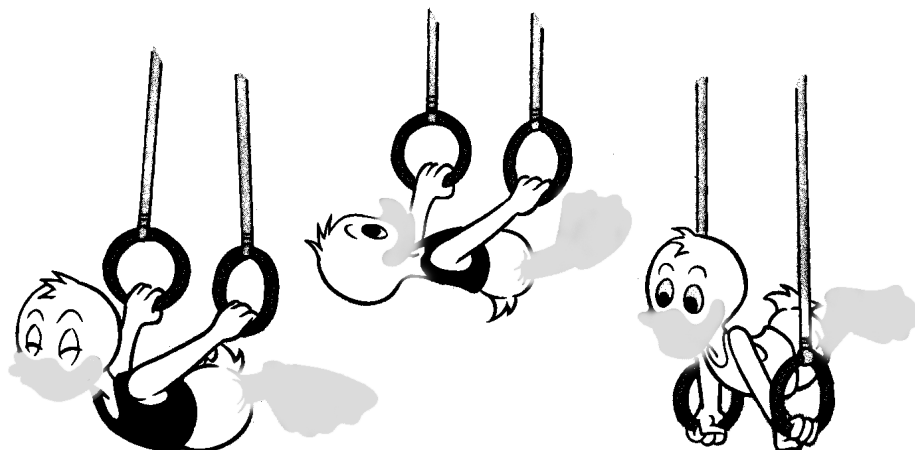


GYM TRIAL



TRIAL FOR BOYS' GYMNASTICS SQUAD

Notts School of Gymnastics is holding a **FREE** trial on Saturday 6th June 2009.

Registration is at 10am and the trial will then last about 2 hours so will be finished at 12.00.

We are looking for **boys** aged 5 – 7 years old with the potential to be a part of our ELEMENTARY AND JUNIOR squads, building up to take part in competitive 6 piece gymnastics. Some basic strength and flexibility is required but the most important thing is good co-ordination and good concentration skills. No previous experience is necessary.

If you are interested, come along and we'll have a look at you. Please wear suitable clothing such as leotard and shorts or t-shirt and shorts. The session will involve testing of basic strength, flexibility and co-ordination and will be followed by a chance to try some of the apparatus.

PLACE: EAST MIDLANDS GYMNASTICS CENTRE

DATE: Saturday 6th June 2009

TIME: 10.00am to 12.00pm

Any queries: Contact Sue Snelgrove on 0775 196 4839 or e-mail : sue@nottsgymnastics.co.uk